## The Spacious Bowl (The Font of Life)

## Result of meditation on the symbols:

The Holy Grail Symbol (Healing with Divine Light)
Being (peace)
Higher Consciousness
Balance and Balancing
Open for receptiveness and the wisdom
Contact to your inner light
Cleansing of the Energy Field
Mother Energy (The Goddess symbol)
Increased consciousness
Healing of Planet Earth from inside (a journey in peace of mind from the deep within)

Choose yourself what you need to manifest, either meditate or place a glass or a carafe of water on top of the symbol you wish to use and let it be there for a little while.

Drink a little now and then from the water which is now coded with the quality which you yourself have decided or the quality stated above, and you will obtain the healing effect you want.

