

Tree of Life – God/Goddess inside

Result of the meditation on the symbols:

A Holy Symbol together with the Trinity

Goes deep down and travels in the subconscious (opens for new possibilities)

Works on Third Eye

Change

Reproduction (also ideas)

Gives strength to body and soul and power

Gives flow in energies

Goes into deeper layers, both mentally and physically

Is used for both meditation and healing (can be laid under different body parts)

Gives peace and balance if you are influenced by a situation

Centering



Choose yourself what you need to manifest, either meditate or place a glass or a carafe of water on top of the symbol you wish to use and let it be there for a little while.

Drink a little now and then from the water which is now coded with the quality which you yourself have decided or the quality stated above, and you will obtain the healing effect you want.